



## Plan Year 2023

WellFirst Health provided by SSM Health Plan

### Step B Therapy Criteria

**Step Therapy:** In some cases, WellFirst Health requires you to first try certain drugs to treat your medical condition before we will cover another drug for that condition. For example, if Drug A and Drug B both treat your medical condition WellFirst Health may not cover Drug B unless you try Drug A first. If Drug A does not work for you, WellFirst Health will then cover Drug B.

**PLEASE READ:  
THIS DOCUMENT CONTAINS INFORMATION ABOUT OUR STEP THERAPY CRITERIA.**

SSM Health Plan is an HMO/HMO-POS with a Medicare contract. Enrollment in SSM Health Plan depends on contract renewal. SSM Health Plan markets under the name WellFirst Health.

H8019\_1033608\_C

Last updated 12/01/2023

For more recent information or other questions, please contact WellFirst Health at 1-877-301-3326 (TTY: 711), or visit [wellfirsthealth.com](http://wellfirsthealth.com).

WellFirst Health | 12312 Olive Blvd. | St. Louis, MO 63141

The following table lists Preferred drug(s) versus Non-preferred drug(s). You may be required to first try a preferred drug before a non-preferred drug to treat your medical condition.

Preferred drug(s) Drug A	Non-Preferred drug(s) Drug B
Synvisc-one, Hyalagan, Hymovis and triluron	durolane, glesyn-3, supartz FX, Synvisc, Euflexxa, Gel-one, Genvisc 850, Mono-visc, Sodium Hyaluronate, TriVisc, Visco-3
Oral bisphosphonate trial (alendronate, ibandronate, or risedronate)	Prolia (for a diagnosis of osteoporosis with high risk of fracture)
Oral bisphosphonate trial (alendronate, ibandronate, or risedronate) OR Prolia	Evenity(for a diagnosis of osteoporosis with high risk of fracture)
Oral bisphosphonate trial (alendronate, ibandronate, or risedronate) OR Prolia	Evenity (for a diagnosis of osteoporosis with high risk of fracture)
Reclast (Zoledronic acid) prevention of skeletal related events in patients with mutiple myleoma	Xgeva (denosumab)
Relast (Zoledronic acid) prevention of hypercalcemia of malignancy	Xgeva (denosumab)
Zarxio or Nivestym	Neupogen/Granix
Ziextenzo or Fulphila	Neulasta/Udenyca
Zarxio or Nivestym	Leukine
Mvasi or Zirabev	Avastin
Herumza, or Trazimera	Herceptin, Kanjinti, Ogviri
fulvestrant	Faslodex
Truxima or Ruxience	Rituxan hycela/Rituxan
Renflexis	Remicade
Hydroxyurea	Adaveko
Emgality and Aimovig	Vyepti
infliximab or Humira	Entyvio
<b>1 of the following:</b> Avonex, Plegridy, Rebif, Extavia,Glatiramer, Glaptopa and <b>1 of the following:</b> tecifidera, Glienza, Aubigo	Ocrevus
<b>1 of the following:</b> Dimethyl Fumarate, Glatiramer acetate,Tecifedra, Interferon Therapy, Gilenza, Zeposia, Mayzent, Aubagio, Kesimpta and <b>1 of the following:</b> Ocrevus or Tysarbi	Lemtrada
<b>1 of the following:</b> Avonex, Plegridy, Rebif, Extavia,Glatiramer, Glaptopa and <b>1 of the following:</b> tecifidera, Glienza, Aubigo	Tysarbi
Enbrel , Humira, Rinvoq	Orencia (Rheumatoid Arthritis)
Enbrel , Humira, Rinvoq	Simponi Aria (Rheumatoid Arthritis)
Enbrel , Humira, Rinvoq	Actemra (Rheumatoid Arthritis)

Enbrel, Humira and Methotrexate inj	Orencia (Polyarticular juvenile idiopathic arthritis (PJIA))
Enbrel, Humira and Methotrexate inj	Actemra (Polyarticular juvenile idiopathic arthritis (PJIA))
Enbrel, Humira, Cosentyx, Taltz, Stelara	Orencia (Psoriatic Arthritis)
Enbrel, Humira, Cosentyx, Taltz, Stelara	Simponi Aria (Psoriatic Arthritis)
Enbrel, Humira, Cosentyx	Simponi Aria (ankylosing spondylitis)
Systemic Oral corticosteroid, medium or High dose inhaled corticosteroid (ICS) in combination with long-acting beta agonist (LABA), leukotriene receptor antagonist, tiotropium; systemic Injectable: corticosteroids	Xolair (asthma)
Systemic Oral corticosteroid, medium or High dose inhaled corticosteroid (ICS) in combination with long-acting beta agonist (LABA), leukotriene receptor antagonist, tiotropium; systemic Injectable: corticosteroids	Cinqair (Asthma)
Systemic Oral corticosteroid, medium or High dose inhaled corticosteroid (ICS) in combination with long-acting beta agonist (LABA), leukotriene receptor antagonist, tiotropium; systemic Injectable: corticosteroids	Nucala (Asthma)
Systemic Oral corticosteroid, medium or High dose inhaled corticosteroid (ICS) in combination with long-acting beta agonist (LABA), leukotriene receptor antagonist, tiotropium; systemic Injectable: corticosteroids	Fasenra (Asthma)
Injectable or oral H1 antihistamines	Xolair (Idiopathic Urticaria)
Octreotide LAR	Somatulane (Acromegaly or Carcinoid Syndrome)
Octreotide LAR	Signafor (Acromegaly or Carcinoid syndrome)
<b>2 of the following (oral or intravenous): hydroxychloroquine, methotrexate, azathioprine, or mycophenolate mofetil</b>	Benlysta
	Saphnelo
Humira, infliximab	Tysabri (crohn's Disease)
Humira, infliximab	Entyvio (Crohn's disease)
Oral Antidepressant	Spravato
Praulent, Repatha	Eveeka
Allopurinol, Febuxstat	Krystexxa
Oral or injectable Hydroxychloroquine, methotrexate, azathioprine, mycophenolate	Benlytsa, Saphnelo
Injectafer, Monoferic, Triferric AVNU	Venofer/Infed/Ferrlecit/Fereheme